

Full Report (All Nutrients) 45130148, SWISS MISS Cocoa Caramel, UNPREPARED, GTIN: 00070920472317

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Report Date: June 16, 2017 15:27 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 envelope (21g) 21g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	90	429
Carbohydrate, by difference	g	--	--	16.00	76.19
Sugars, total	g	--	--	11.00	52.38
Minerals					
Calcium, Ca	mg	--	--	300	1429
Iron, Fe	mg	--	--	1.08	5.14
Potassium, K	mg	--	--	290	1381
Sodium, Na	mg	--	--	150	714
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	2.00	9.52
Fatty acids, total monounsaturated	g	--	--	0.00	0.00
Fatty acids, total polyunsaturated	g	--	--	0.00	0.00
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients
SUGAR, CORN SYRUP, MODIFIED WHEY, COCOA (PROCESSED WITH ALKALI), HYDROGENATED COCONUT OIL, NONFAT MILK, CALCIUM CARBONATE, LESS THAN 2% OF: SALT, DIPOTASSIUM PHOSPHATE, MONO- AND DIGLYCERIDES, CARRAGEENAN, CREAM, ACESULFAME POTASSIUM, SUCRALOSE, NATURAL AND ARTIFICIAL FLAVORS, MILK, MODIFIED CORN STARCH. CONTAINS: MILK *Date Last Updated by Company:* 07/19/2016